



Early Language Speech Language Yoga



Children's Speech & Language Services, Inc. in Falls Church, VA
is pleased to offer yoga groups

Yoga classes are for children aged 2-3 years old who are developing language. Parents or caregivers are required to attend class with their child to learn strategies to support language development through the context of yoga, movement and breathwork. Classes will incorporate book reading, music, yoga, movement and games. Language skills targeted will include following directions, answering questions, sharing ideas and learning vocabulary related to the class theme. Yoga classes will also address social skills and building positive interactions between peers and parents.

Yoga classes will be held one Saturday a month at 9:30am.
Please email cbeachley@cslstherapy.com for upcoming dates.

- **Groups require a minimum of 2 children and cannot exceed 4 children**
- **Classes will be held for 30 minutes**
- **Classes will cost \$30**
- Families are required to pre-register for classes at least 1 week prior to the scheduled class
- Yoga groups will not be billed to insurance
- Contact Christianna Beachley, Speech Language Pathologist, at cbeachley@cslstherapy.com to register or for more information